



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

August 2023



Alternate Cereal choice available daily for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>		
7	8	9	10	11
			Grahams Fruit Juice, Milk	Cereal and Grahams Fruit Juice, Milk
			Corn Dog Pork n Beans Fruit Milk	Cheese Pizza Tossed Salad Fruit Pudding Milk
14	15	16	17	18
Sausage Biscuit Fruit Juice, Milk	Donut Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk
Hamburger Tator Tots Fruit Salad Bar Cookie Milk	Macaroni and Cheese Little Smokies Green Beans WG Biscuit Fruit and Salad Bar Milk	Chicken Nuggets Mashed Potatoes & Gravy WG Hot Roll Fruit Salad Bar Milk	Chicken Taco Refried Beans Salsa and Chips Fruit Salad Bar Milk	Flatbread Pizza Baby Carrots Fruit Salad Bar Milk
21	22	23	24	25
Breakfast Pizza Fruit Juice, Milk	Cinnamon Toast Fruit Juice, Milk	Waffles Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk
Hot Dog Baked Beans Fruit Salad Bar Cookie Milk	Chicken and Noodles Green Beans Go-Gurt Fruit Salad Bar Milk and Cornbread	Chicken Fried Steak Fingers Mashed Potatoes & Gravy Hot Roll Fruit Salad Bar Milk	Frito Chili Pie w/ Shredded Cheese Corn on the Cob Fruit Salad Bar Sidekick Milk	Fish Sticks French Fries Fruit Salad Bar Milk
28	29	30	31	1
Sausage Biscuit Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk
Ham and Cheese Sliders Baked Beans Fruit Salad Bar Cookie Milk	Spaghetti w/ Meat Sauce Green Beans Cheese Stick Fruit and Salad Bar Breadstick Milk	Breakfast for Lunch Scrambled Eggs and Sausage Links Hashbrown WG Toast Fruit and Juice Milk	Beef Taco Refried Beans Chips and Salsa Fruit Salad Bar Milk	Toasted Cheese Sandwich French Fries Strawberries and Cake Salad Bar Milk

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.